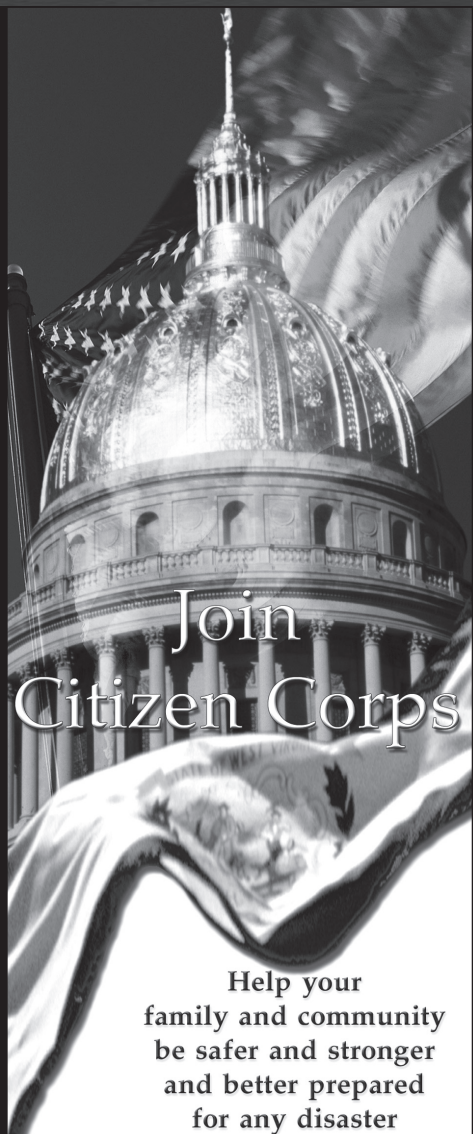


Citizen Corps in West Virginia

wvccc-f1



Help your
family and community
be safer and stronger
and better prepared
for any disaster

For more information, contact:

West Virginia
Citizen Corps Coordinator
phone: (304) 965-2779
e-mail: wvccorp@wvoes.state.wv.us
address:
1900 Kanawha Blvd., East
Building 1, Room EB-80
Charleston, WV 25305-0360

Visit www.citizencorps.gov.

Help make your family and your community safer!

•Take the first step

The first step in helping others is to learn to help yourself. You can start by learning how to develop a household preparedness plan and disaster kit as well as learning ways to lessen the affects of disaster on your home.

Citizen Corps can help. The Web site offers a variety of information you can download for free, including *Are You Ready? A Guide to Citizen Preparedness* (H-34). This 100-page publication provides a step-by-step outline on how to prepare a disaster supply kit, emergency planning for people with disabilities, how to locate and evacuate to a shelter, and even contingency planning for family pets.

Visit www.citizencorps.gov.

•Other good sources for preparedness information

If you don't have Internet access in your home, visit your local public library or call FEMA's Distribution Center at **1-800-480-2520**. Local emergency management offices, Red Cross chapters, local Citizen Corps councils and public libraries are other good sources for preparedness and safety publications.

•Find training opportunities

Look for opportunities to take classes in emergency preparedness, response capabilities, first aid, CPR, fire suppression, and search and rescue procedures. Classes may be available from the American Red Cross, National Safety Council or the Citizen Corps program, Community Emergency Response Team (CERT).

•Helping your neighbors be safer

Join a volunteer activity that supports first responders, disaster relief groups, and community safety organizations. Citizen Corps has volunteer opportunities in local Citizen Corps councils and four programs: Volunteers in Police Service programs, Community Emergency Response Team, Medical Reserve Corps units and Neighborhood Watch groups.

•Get more information

You can get more information about your local Citizen Corps council and programs by contacting the state Citizen Corps coordinator or your county emergency services director.